



**Welcome to Week 25 for 2023 at The
Lighthouse Toowoomba.**

Hello again! We are back in your inboxes for another wrap of up all things Lighthouse and this week it has dawned on us that our superpower is joining the dots – discovering how we can help the children in our community via free literacy-based workshops and firing up their creativity; getting books to homes; and creating ripple effects by supporting other dedicated individuals tirelessly working in organisations to best support their clients. We are also loving the role of setting up creatives (writers and artists) to facilitate workshops in their field of expertise – and this week focused Sarah Bradbury starting with her ‘Flip Flop’ writing and editing workshops for 9- to 12-year-olds.

The Lighthouse Toowoomba also is joining the dots with space to bring other organisations together, and collaborating on events, like hosting Base Services with their [‘Homeless for a Week’](#) conversation on Monday 7th August at The Write Gallery whilst Dreamscapes + Elementals Exhibition is in-house; and Adapt Mentorship with art classes on Wednesdays this term to 'change the narrative' for children at risk.

Each event is part of our broader ambition to piecing together ideas, information, and creative endeavours from organisations and individuals, so that we might see the whole picture and gain a more global understanding and then be able share this with the community.

Speaking of global understanding understanding;
The incredible Dreamscapes + Elementals exhibition has opened in The Write Gallery on Wednesday, with bookings required for the [official opening event on Friday 4 August](#).





*Artwork by Kim Walmsley © 'Manifestation:
Dream with care'*

Dreamscapes + Elementals

*24th July – 20th August 2023 The Write Gallery
(tucked in behind The Lighthouse 126 Margaret
Street, Toowoomba CBD)*

Collaborating Artists:

Jennifer Wright (Summers), Gitie House, Kim Walmsley, Megan Bartman and Naomi Buchanan.

There is power in diversity in a collective of women, Indigenous and Non-indigenous combining conversations, connecting concepts and craft to share individual stories of awareness and understanding the idea of Dreamscapes + Elementals. With painting, weaving, installation, textile dying and digital as their tool. They will combine their stories, faith and beliefs into artworks that announce their existence as earth

sisters, grandmothers, mothers, aunts, daughters and most importantly, friends. This exhibition will showcase an array of perspectives in the space of Dreamscapes and the commonality of the worlds Elementals, their roles, and responsibilities to the Earth. The invisible connections of how we practice our faith and beliefs as women of the world living in the 3rd dimension defining our commonality, that we all want the same. Peace, Unity and Kindness to prevail.

Dreamscapes + Elemental is experiential as well as an exhibition. There is a rich and varied tapestry of workshops for all ages to get involved. From storytelling, earring weaving, inkcrylic drawing, rug crocheting and what's your dreamscape.

Don't miss your chance to enjoy this fabulous cultural 'come-together' and celebration of stories and creativity. To find a Dreamscapes + Elemental workshop that works for you click [here](#)



Flippin Fun!

Sarah Bradbury led a VERY successful, rowdy and fun first workshop as part of her 'Flip Flop' writing and editing series on offer at The Lighthouse this term.

As you can see from her face Nea loved absolutely everything about it and we are so excited to share the wildly creative developments from Sarah's workshops in the coming weeks.



The Journey of an Art Therapist

"The Journey of an Art Therapist" exhibition hosted by Momentum Mental Health opened at The Write Gallery on Friday 14th July. The exhibition opened to a rapturous crowd intrigued by the depth and breadth of work on display, showcasing 17 years of work from Sarah Hazelhurst.

It was a visual celebration of the long and complicated education requirements to become an ANZACATA registered Art Therapist. Sarah leads

the art therapy program at Momentum Mental Health and the sessions are accessible to anyone who needs them!

<https://momentummentalhealth.com.au/programs/>

Photo below: author and editor Nola Passmore tapping into her inner-creative in one of Momentum workshops.

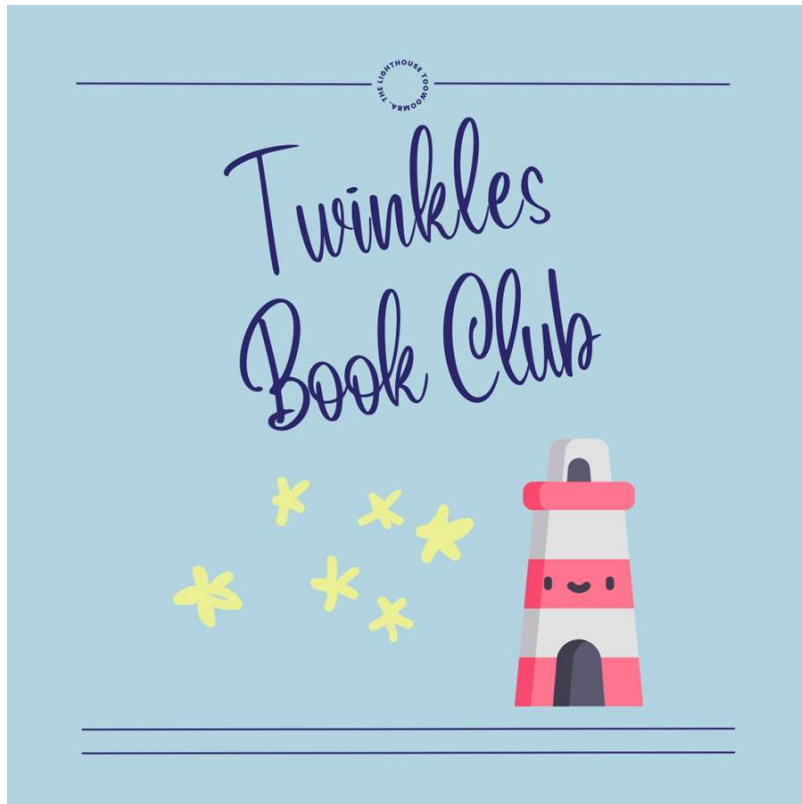


The Journey of an Art Therapist

Review by Eden Coates (16yo)

The Write Gallery is glad to host Sarah Hazelhurst, an art therapist. Vivid, bright, and beautiful colours are used in almost all of her artworks. When there is a monochrome theme in these beautiful displays of emotions, it uses the talent of detail and heavy sketching to show how the artist is feeling. Sarah has been studying art therapy since 2006, 'It's been a long journey.' But she has finally made it and is now an art therapist producing beautiful work. The artworks present a range of emotions, feelings, and situations, ranging from beautiful colourful women to a lonely figure buried by darkness. Art therapy can be a way for people reaching out for help who can't put how they feel into words. 'When it's on paper you can't lie. It's you,' Sarah said about how you can lie with your words but when your emotions are on a piece of

paper it's impossible to fake what you're feeling inside.

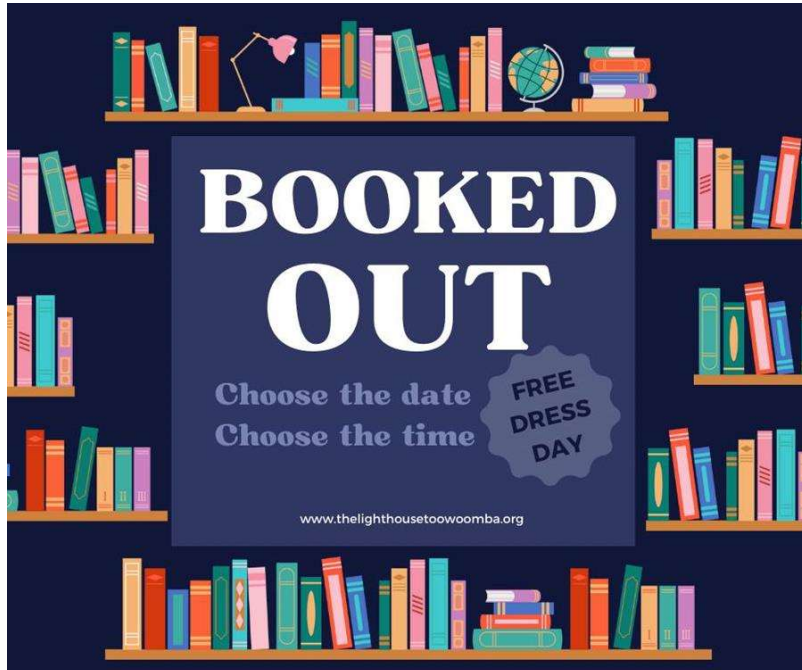


Twinkles Book Club... Volunteers WANTED

The Twinkles Book Club is a program run by The Lighthouse Toowoomba is based around reading books to toddlers and their caretakers. It provides somewhere safe and peaceful for toddlers to use to learn, explore and allow their curiosity to take flight. Reading to toddlers can be an integral factor in the children's development. Storytelling can help toddlers learn about and identify sounds, words, and language. Additionally, it can also help to stimulate their imaginations, expand their social skills and vocabulary, and allow them to learn more about the world which they live in. This allows parents and their children to strengthen their bonds. The club also permits the young children to meet other people and more children that are their age, further broadening their social skills and helping to coax them into coming out of their shells.

We run two sessions here at The Lighthouse on Wednesday and Friday 9:30am to 10:30am;

Harlaxton State School Thursday 10:45am to 11:15am; Newtown State School Tuesday 9:30am to 10:15am. It would be incredible if we could offer it at more schools as an outreach program. INTERESTED? Email emma@thelighthousewoomba.org for more information.



free dress day at school | raise much needed \$

Are you game to organise a free dress day at your school; or a PJ-day at your workplace, and asking everyone who participates for a gold coin donation? Think about being so incredibly comfortable whilst helping us get books to children in our community!

Let us know if you want to help literacy in your loungewear by emailing us hello@thelighthousewoomba.org.au We can provide you with posters and marketing material to promote your Free Dress / PJ-day!

**PLEASE... WE NEED TO
KNOW!**

Thank you to all the previous workshop participants who completed the Survey sent to your inbox. The responses really help us fine-tune what we are offering! It only takes 2 minutes, so if you have had a child attending any of the workshops here at The Lighthouse and missed it the original email AND you would still like to be heard, [here is the link](#)

THANK YOU in advance...



Hello Baby extended - but only by a few days!

We have extended THE HELLO BABY COMPETITION for children aged 8 and under with entries now closing Monday 31 July! Get your gorgeous pictures in by 4pm to be part of something wonderful for the new babies of Toowoomba.

The little artists are asked to depict what they think the 5 Ways to Wellbeing look like: connection, being active, learning, being aware, and helping others.

5 Ways to Wellbeing is the result of evidence-based extensive international research, and

describes the simple and effective ways to improve your psychological and emotional health for a happier and longer life as well as helping you to cope with stress. We love a well-heelled roadmap and factor all five into all our workshops, and they are the categories for the Hello Baby Competition. Curious to learn more:

<https://www.5waystowellbeing.org.au>



Another Key Holder!

Brookie represented her fabulous school when attending Flip Flop this week when she added Greenmount State School to our 'key to literacy, the key to the Lighthouse' board of fame!

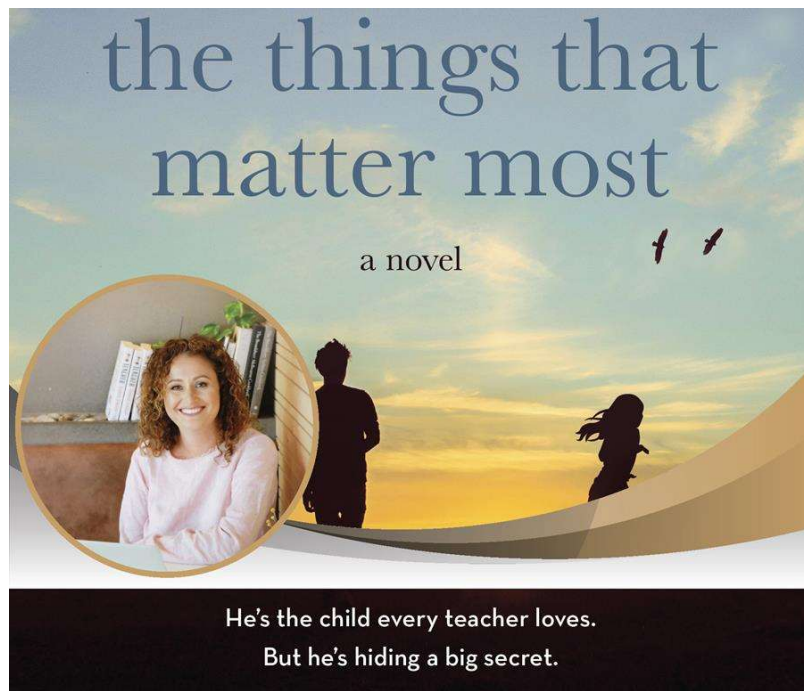


Lunchtime Creatives is an innovative program that encourages business people to step out of their comfort zone, connect with their inner artist and tell their story through intuitive drawing and expressive writing. Within no time you'll connect to the right side of the brain, think outside of the box, solve problems with ease, and stand out from the crowd.

Thursday 10th August 12noon - 1pm with the accidental artist Lily Halton. Book directly:

<https://drct-thelighthousewoomba.prod.supporterhub.net...>





GABBIE STROUD BOOK LAUNCH

16 August 2023 **5:30PM** | The Write Gallery
In Conversation with Ellie McLiesh

THE LIGHTHOUSE TOOWOOMBA | \$15 TICKET
126 MARGARET STREET, TOOWOOMBA CITY, QLD

SECURE YOUR SPOT HERE:
THELIGHTHOUSE200WOOMBA.ORG



A big thank you to Penelope Ilford from Yalari as she is supporting artist and student Naomi Buchanan with the Dreamscapes + Elemental exhibition AND hosting The Great Book Swap fundraiser during the exhibition, with all money raised going to the Indigenous Literacy Fund. The idea is simple, bring a book to swap, or a gold coin, or [make a donation via this link](#). You will have had a chance to see the stunning exhibition, get something fabulous to read, and be helping this remarkable Fund truly make a difference.



Thank you!

Thank you to the wonderfully generous Kat from Foodie Shots giving her time to document Journey of an Art Therapist. We are so grateful and delighted to see local organisations supporting local organisations!

And a big thank you to Julian from YellowBridge who donated some wonderful goodies for the younger generation. We will be passing these onto our friends at The Wilsonton Early Years Network for their Under 5's Day!



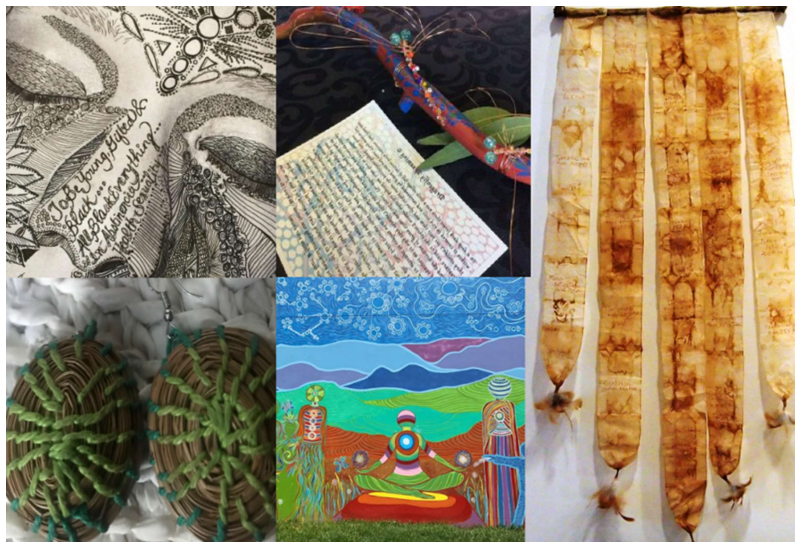


Volunteers

We have a dedicated band of volunteers who help us sort out and bundle books that have already been donated, and readers who take our 'Twinkles Book Club' to schools. Of course, the more the merrier, so if any of this inspires you to volunteer, and you have a Blue Card, please contact us

hello@thelighthousewoomba.org or directly via our website application form:

<https://www.thelighthousewoomba.org/volunteer>



Stop Press!

Were you looking for more opportunities for FREE workshops for school groups / community groups by remarkably talented, internationally recognised artists? Email hello@thelighthousewoomba.org to request more details.

The gallery is open for FREE OPEN ART ACTIVITIES for walk-ins, no bookings required: Thur 27 July, Fri 28, Sat 29, Tues 1 Aug, Wed 2, Thurs 3, Sat 5, Wed 9, Thurs 10, Fri 11, Sat 12, Sun 13, Wed 16, Thus 17, Fri 18 and Sat 19 August. Immerse yourself and spend time with your inner-artist.

The Write Gallery is open 10am to 3pm Tuesday to Sunday and for workshops for adults: [head to the website for booking links.](#)
www.thelighthouse-toowoomba.org



Too cute not to share! One of our wonderful wee Twinkles participants reading with her 'big person' on a Friday! We just love our Twinkles friends.

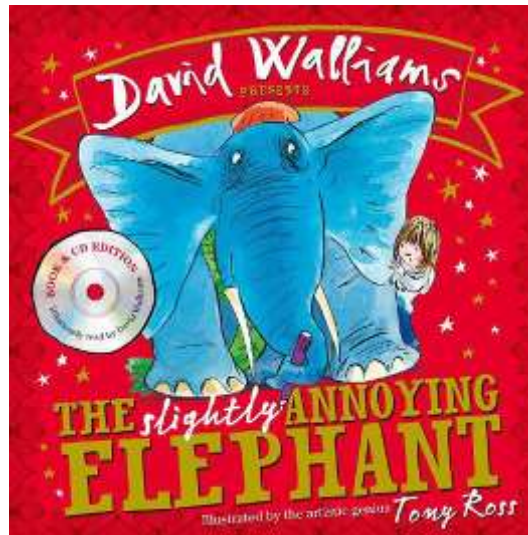


THE SECRET LIFE OF SEEDPODS

OFFICIAL OPENING
THURSDAY 31 SEPTEMBER
5:30PM TO 7:00PM

THE WRITE GALLERY
126 MARGARET STREET TOOWOOMBA

EXHIBITION OPEN UNTIL SATURDAY 30 SEPTEMBER
10AM - 3PM
OR BY APPOINTMENT



The Slightly Annoying Elephant is a fun book about a kid called Sam ending up with a 'slightly' annoying elephant. The book starts with the elephant arriving at Sam's door with news he was adopted by Sam. The elephant quickly makes it known that this is now his home and will get every perk out of it, including making Sam be at his beck and call. With ginormous meals, watching Antique Roadshow on the telly and having all his elephant friends over to stay this is defiantly a book to remember. The moral of the story as there is one with most books is always read the fine print if you adopt an animal at the zoo or you might have the same predicament as Sam.

by Emma Mort



Now this really makes our little hearts sing! The podcast 'Deadly Ty's' is in production and we are so excited to be sharing a link once the first season is ready. Thank you Emerge, Adapt Mentorship for your support, and thank you Ty for happily wrangling our hugs and earnest side-line cheering. So proud!



Terese Eglington's Illustration 101 started with a 10 out of 10 rating from all students! They had a ball, and who wouldn't given Terese's good natured delivery of the most incredible experience. Thank you also to Lily Halton for helping. We hear the silence downstairs in the office and see their beaming smiles as they leave. So happy!



And lastly but not least...

THANK YOU to Garth Hamilton MP

To be a recipient of the Volunteer Grant from the Community Grants Hub. Our arms are full, and our hearts are bursting with appreciation. The little things truly do make a difference and our volunteers are beyond grateful for these resources as it makes making their contribution all the easier!

Mr Chippa

LEE FULLARTON + BOOK LINKS

OFFICIAL OPENING
FRIDAY 3 NOVEMBER
5:30PM TO 7:00PM

THE WRITE GALLERY
126 MARGARET STREET TOOWOOMBA

EXHIBITION CONTINUES UNTIL
WEDNESDAY 29TH NOVEMBER 3:00PM

Queensland Government



The Lighthouse Toowoomba
126 Margaret Street, Toowoomba, 4350

We acknowledge the original Indigenous storytellers of the land on which we work and tell our stories. We respect the ongoing relationships with water, land, and story by the people of this place, their elders, their ancestors, and their emerging leaders. We acknowledge that sovereignty was never ceded.

If you wish to unsubscribe from our newsletter please use the button below or email us at hello@thelighthousewoomba.org

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